



JULI CHALLENGE 2021

 <div style="background-color: #00B0F0; color: white; padding: 10px; text-align: center;"> <h1 style="margin: 0;">Summer Body</h1> <h2 style="margin: 0;">Thuis Trainingen</h2> </div>		<u>donderdag</u>		<u>vrijdag</u>		<u>zaterdag</u>		<u>zondag</u>					
		<u>1-jul</u>		<u>2-jul</u>		<u>3-jul</u>		<u>4-jul</u>					
		<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training				
<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge				
<u>maandag</u>		<u>dinsdag</u>		<u>woensdag</u>		<u>donderdag</u>		<u>vrijdag</u>		<u>zaterdag</u>		<u>zondag</u>	
<u>5-jul</u>		<u>6-jul</u>		<u>7-jul</u>		<u>8-jul</u>		<u>9-jul</u>		<u>10-jul</u>		<u>11-jul</u>	
<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training
<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge
<u>maandag</u>		<u>dinsdag</u>		<u>woensdag</u>		<u>donderdag</u>		<u>vrijdag</u>		<u>zaterdag</u>		<u>zondag</u>	
<u>12-jul</u>		<u>13-jul</u>		<u>14-jul</u>		<u>15-jul</u>		<u>16-jul</u>		<u>17-jul</u>		<u>18-jul</u>	
<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training
<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge
<u>maandag</u>		<u>dinsdag</u>		<u>woensdag</u>		<u>donderdag</u>		<u>vrijdag</u>		<u>zaterdag</u>		<u>zondag</u>	
<u>19-jul</u>		<u>20-jul</u>		<u>21-jul</u>		<u>22-jul</u>		<u>23-jul</u>		<u>24-jul</u>		<u>25-jul</u>	
<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training
<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge
<u>maandag</u>		<u>dinsdag</u>		<u>woensdag</u>		<u>donderdag</u>		<u>vrijdag</u>		<u>zaterdag</u>			
<u>26-jul</u>		<u>27-jul</u>		<u>28-jul</u>		<u>29-jul</u>		<u>30-jul</u>		<u>31-jul</u>			
<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	Thuis training	<input type="checkbox"/>	
<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge	<input type="checkbox"/>	Arm Challenge		