

## Afvinkkalender Maart 2021 Challenge

### Thuis train- en (verminder) buikvet challenge

<u>maandag</u> 1-mrt		<u>dinsdag</u> 2-mrt		<u>woensdag</u> 3-mrt		<u>donderdag</u> 4-mrt		<u>vrijdag</u> 5-mrt		<u>zaterdag</u> 6-mrt		<u>zondag</u> 7-mrt			
<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training		
<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening		
<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching		
<u>maandag</u> 8-mrt		<u>dinsdag</u> 9-mrt		<u>woensdag</u> 10-mrt		<u>donderdag</u> 11-mrt		<u>vrijdag</u> 12-mrt		<u>zaterdag</u> 13-mrt		<u>zondag</u> 14-mrt			
<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training
<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening
<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching
<u>maandag</u> 15-mrt		<u>dinsdag</u> 16-mrt		<u>woensdag</u> 17-mrt		<u>donderdag</u> 18-mrt		<u>vrijdag</u> 19-mrt		<u>zaterdag</u> 20-mrt		<u>zondag</u> 21-mrt			
<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training
<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening
<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching
<u>maandag</u> 22-mrt		<u>dinsdag</u> 23-mrt		<u>woensdag</u> 24-mrt		<u>donderdag</u> 25-mrt		<u>vrijdag</u> 26-mrt		<u>zaterdag</u> 27-mrt		<u>zondag</u> 28-mrt			
<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training
<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening
<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching
<u>maandag</u> 29-mrt		<u>dinsdag</u> 30-mrt		<u>woensdag</u> 31-mrt						<div style="background-color: #008000; color: white; padding: 10px; text-align: center;"> <p style="font-size: 1.2em; margin: 0;">Dé 31 dagen</p> <p style="font-size: 2em; margin: 0;">B  kvet</p> <p style="font-size: 2.5em; margin: 0;">Challenge!</p> </div>					
<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>	Thuis Training	<input type="checkbox"/>									
<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>	Korte oefening	<input type="checkbox"/>									
<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>	Buikvet coaching	<input type="checkbox"/>									